



Minutes  
Committee #3  
Transportation, Construction, Public Safety and Traffic

Committee #3 met Wednesday, October 24, 2012 at 8:00 a.m. in the City Hall Council Chambers, 30 West Central Street, Chippewa Falls, WI.

Attendees: Bill Hicks, Mike Hanke, and CW King, Jane Lardahl, City Inspector Paul Lasiewicz and Director of Public Works Rick Rubenzer.

The meeting was called to order at 9:00 AM.

- Item 1.** Consider amending ordinance 7.031, Stop Signs, to install stop signs as follows:
- a) 7.031(Cn) eastbound and west bound traffic on Garden Street at its intersection with Lynne Street with possible recommendation to Common Council; and
  - b) 7.031(co) northbound and southbound traffic on Buttenhoff Drive at its intersection with Garden Street with possible recommendation to Common Council.

**Motion by King/Hanke**, all present voting aye, to recommend amending Ordinance 7.031 to allow stop signs on Garden Street at Lynne Street and Buttonhoff Drive at Garden Street. **Motion Carried.**

- Item 2.** Consider amending ordinance 7.10, Loading Zones, to establish a loading zone on the south side of Coleman Street along the north entrance to McDonell Central Catholic High School. Specifically, a forty-foot section of Coleman Street along the south curb from a point 288' west of the west right of way of Terrill Street to a point 328' west of the said west right of way of Terrill Street with possible recommendation to Common Council.

**Motion by King/Hanke**, all present voting aye, to recommend amending Ordinance 7.10 to establish a loading zone at McDonell Central High School on the south side of Coleman Street as defined in the discussion item. **Motion Carried.**

- Item 3.** Consider draft ordinance amending the speed zone restrictions on West River Street, Code Section 7.02(2)(f) and (g) of the Chippewa Falls Municipal Code with possible recommendation to Common Council.

**Motion by Hicks/Hanke**, all present voting aye, to recommend adopting Draft Ordinance Section 7.02(2)(f) and (g), Speed Limits. The changes are to W. River Street, STH 124 and Seymour Cray Blvd and are defined in the attached Draft ordinance. **Motion Carried.**

**Item 4.** Consider request of the YMCA for a signage permit variance to recognize donors who helped fund the outdoor exercise equipment with possible recommendation Common Council.

**Motion by King/Hicks**, all present voting aye, to recommend a signage variance for the YMCA to recognize donors who helped fund the outdoor exercise equipment. **Motion Carried.**

**Item 5.** Adjournment. Motion by **Hanke/King**, all present voting aye, to adjourn at 8:23 AM. **Motion carried.**

Minutes submitted by:  
Bill Hicks, Chair

AN ORDINANCE AMENDING THE SPEED  
ZONE RESTRICTIONS ON WEST RIVER  
STREET, CODE SECTION 7.02(2)(f) AND (g)  
OF THE CHIPPEWA FALLS MUNICIPAL CODE.

THE COMMON COUNCIL OF THE CITY OF CHIPPEWA FALLS, WISCONSIN, DO  
ORDAIN AS FOLLOWS:

1. That § 7.02(2)(f) and (g) of the Chippewa Falls Municipal Code which presently provides as follows:

**7.02 – SPEED LIMITS.**

•••

(2) SPEED LIMITS INCREASED. The speed limits are increased as hereinafter set forth upon the following streets between the limits designated:

•••

(f) 45 mph

925 W. River St. to Regent St., both eastbound and westbound lanes.  
Seymour Cray Blvd., from STH 29 to CTH "I", both northbound and southbound lanes.  
STH 29, from STH 124 to Seymour Cray Blvd., both eastbound and westbound lanes.  
STH 124, from the STH 29 overpass to the south City limits, both northbound and southbound lanes.

(g) 55 mph

STH 29 (River St.), from Regent St. to the City limits, both eastbound and westbound lanes.  
STH 53 and STH 29 from the south end of Park Ave. overhead, southerly and easterly to the east City limits.

be amended to make W. River Street a 45 MPH zone to the City limits instead of a 55 MPH zone and to provide as follows:

**7.02 SPEED LIMITS.**

•••

(2) SPEED LIMITS INCREASED. The speed limits are increased as hereinafter set forth upon the following streets between the limits designated:

•••

(f) 45 mph.

925 W. River St. to the West City limits on W. River St., both eastbound and westbound lanes.

STH 124 (Business 53) from South City limits at County Highway J to Business 29.

Business 29 from STH 124 eastbound to STH 29 and East City limits.

(g) 50 mph.

Seymour Cray Blvd., from STH 29 to County Highway I, both northbound and southbound lanes.

Dated this \_\_\_\_ day of October, 2012.

ALDERPERSON: \_\_\_\_\_

FIRST READING: \_\_\_\_\_

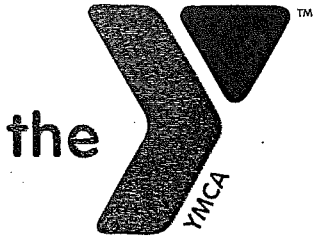
SECOND READING: \_\_\_\_\_

APPROVED: \_\_\_\_\_

Gregory S. Hoffman, Mayor

ATTEST: \_\_\_\_\_

Bridget Givens, City Clerk



**Chippewa Valley Family YMCA**

611 Jefferson Avenue  
Chippewa Falls, WI 54729

Phone: (715) 723-2201

Fax: (715) 723-6063

[www.chippewaymca.com](http://www.chippewaymca.com)

October 9, 2012

Paul Lasiewicz  
City Inspector/Zoning Administrator  
Chippewa Falls, WI

Re: YMCA Request for signage permit variance

The YMCA obtained funding to add some outdoor exercise equipment. The equipment was obtained for use by the whole community. The idea was that it would give families another opportunity for a healthy activity. It is available for anyone to use and one does not need to be a Y member. So, for anyone in the community this is a free activity.

The exercise equipment is designed for self-use and/or classes. Each piece comes with an instructional sign. There is a circuit designed for those 13 and up and also a circuit for those 8 and up. The Y in Chippewa Falls is the only Y in Wisconsin to have this equipment available. The Y is also the first facility in Wisconsin to have the "junior" circuit for the kids.

Funding was obtained through Marshfield Clinic and Edward and Hannah M. Rutledge Charities to complete this community project.

The Y would like to have signage that recognizes these wonderful donors and made this project possible.

The Y would like to request a variance to be applied to the P-1 Public and Institutional zoning.

There are pictures attached of the proposed signage. The approximate size of this sign is 3 x 4 with the posts being approximately 6 feet high.

Thank you for your consideration.

Sincerely,

A handwritten signature in cursive script that reads "Jennifer Sherbinow".

Jennifer Sherbinow  
Executive Director  
Chippewa Valley Family YMCA

**YMCA Mission:**

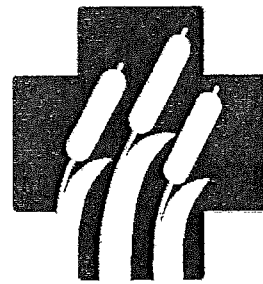
To put Christian principles into practice through programs that build healthy body, mind, and spirit for all.



United Way of the  
Greater Chippewa Valley

Thank you for funding this  
**COMMUNITY** project!

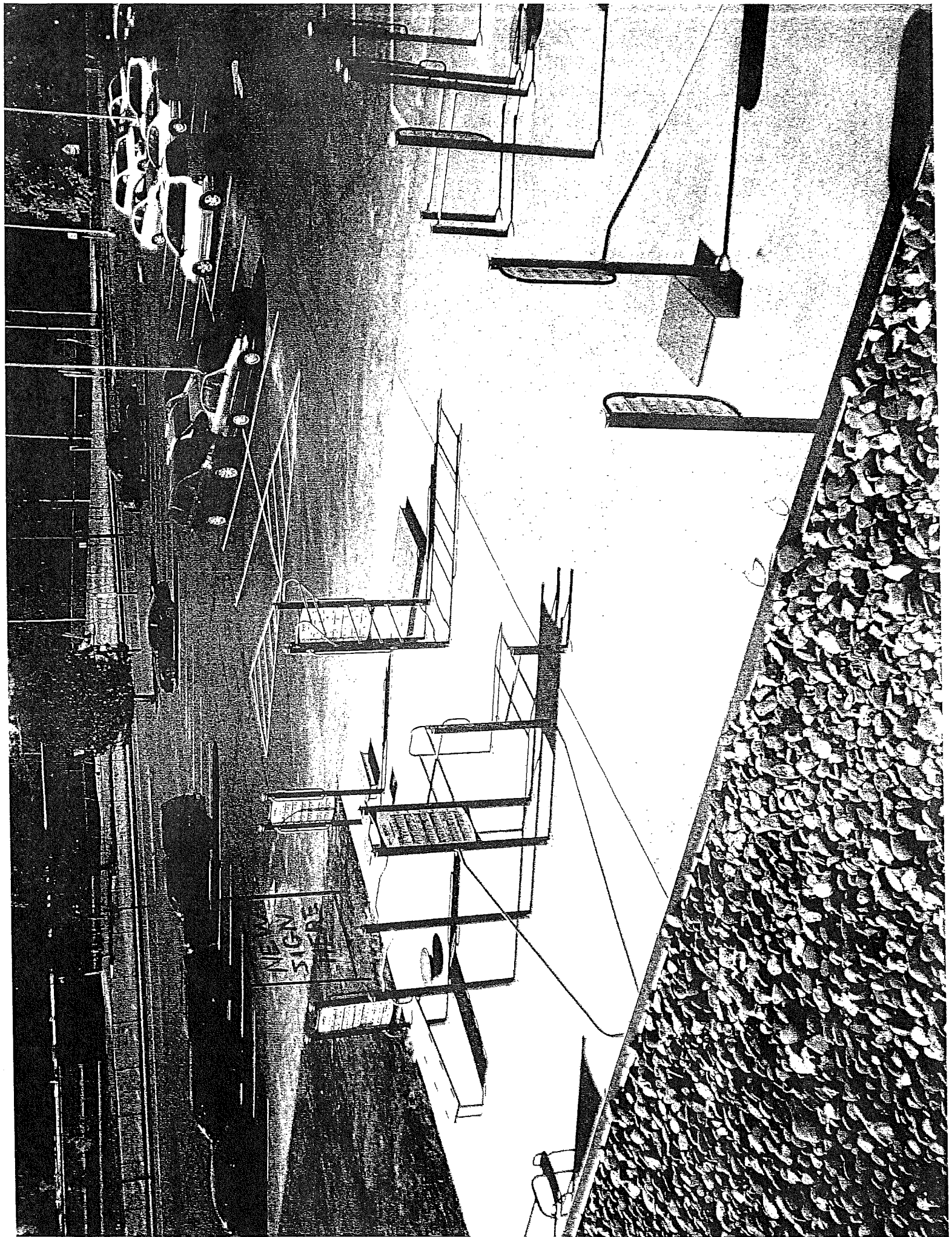
*Edward &  
Hannah M.*  
**RUTLEDGE  
CHARITIES,  
INC.**



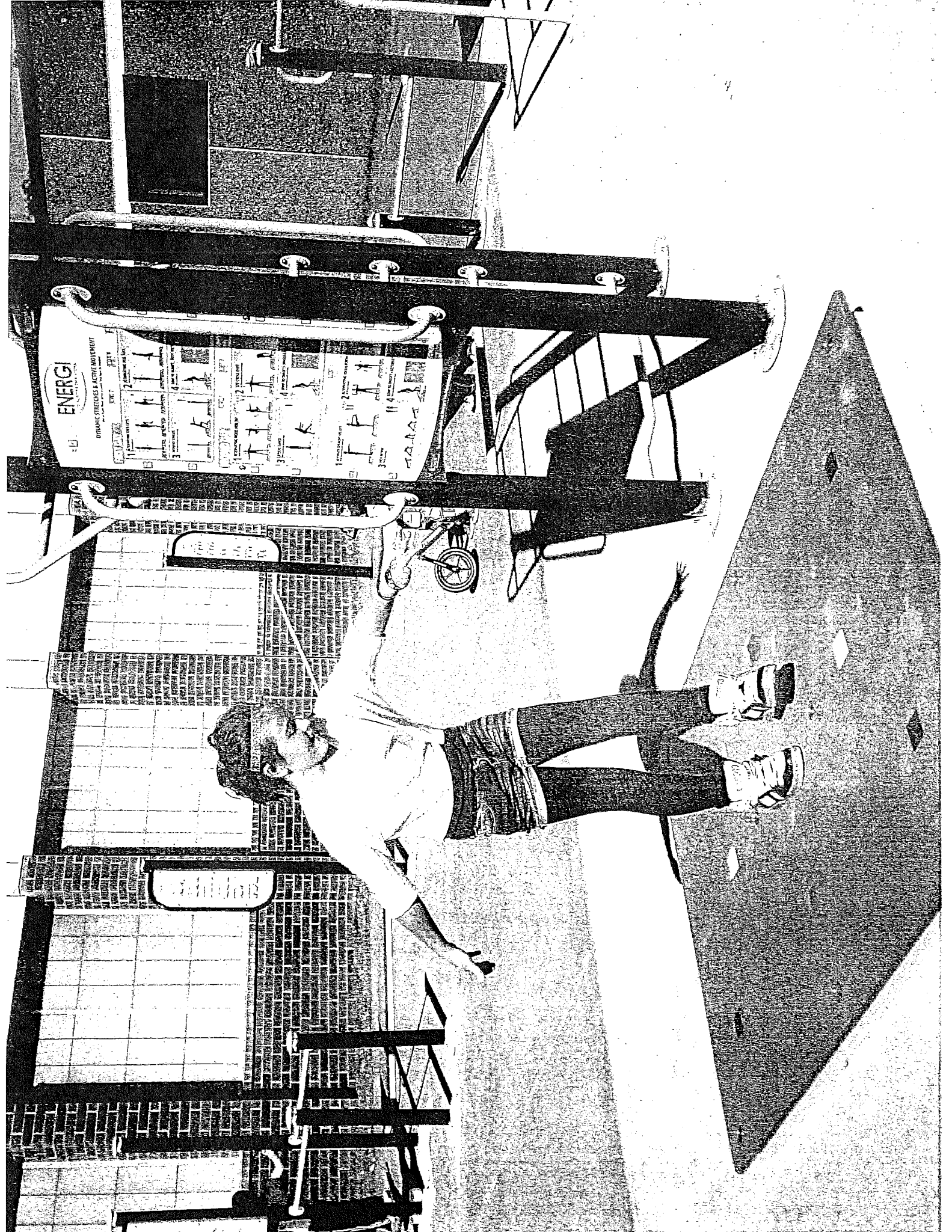
**Marshfield  
Clinic®**

**CHIPPEWA VALLEY  
FAMILY YMCA**

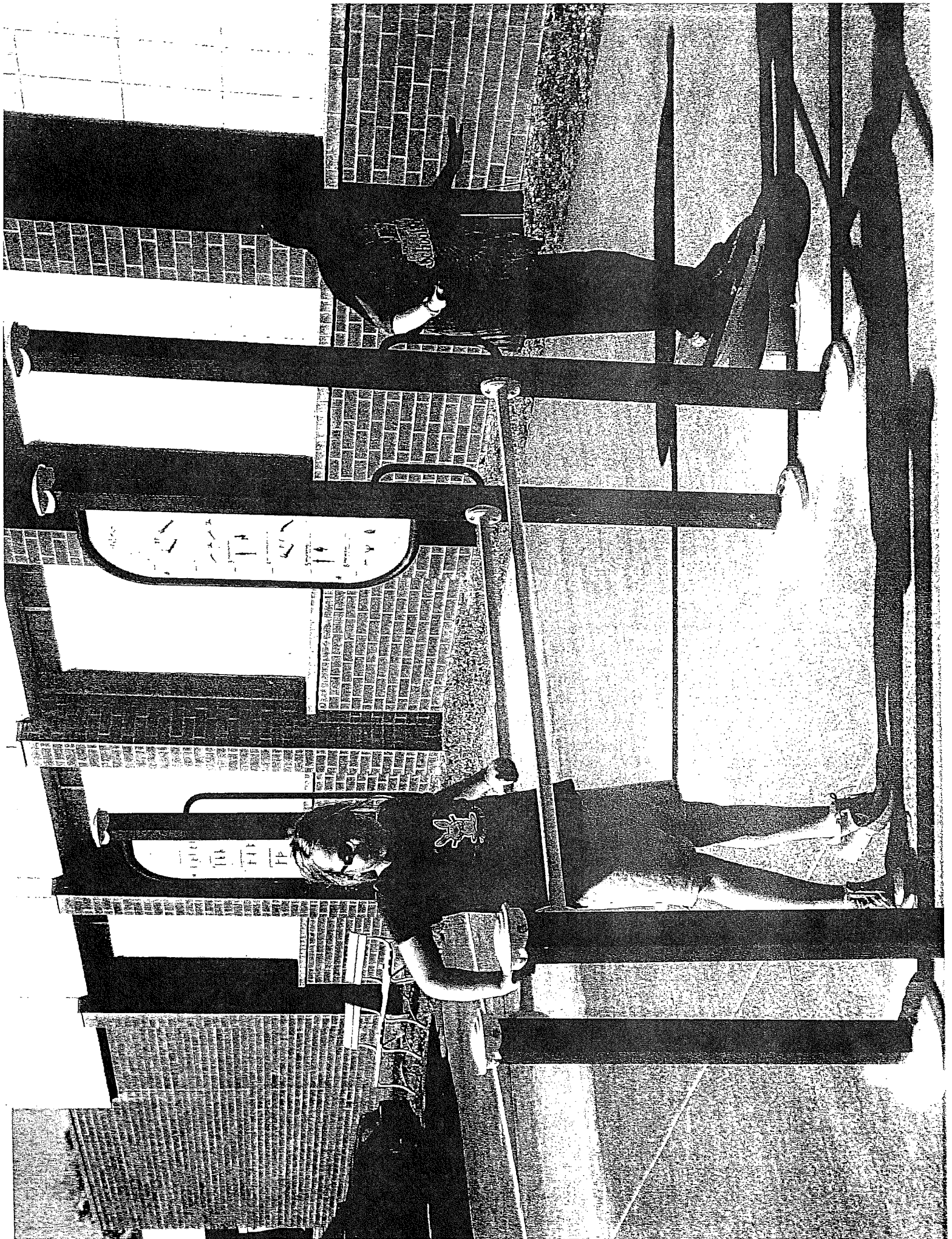












# ENERGI

TOTAL BODY FITNESS SYSTEM



## Get *FITT* with ENERGI

ENERGI® is an outdoor, total body fitness system designed for ages 13 and up, and uses the latest, cutting-edge fitness methodologies. Five stations—featuring 120 exercises and three skill levels (beginner, intermediate & advanced)—combine functional fitness and body-weight training, letting users of all fitness levels complete a progressive workout routine that challenges them at their own pace. ENERGI is the healthy way for an entire community to engage in a fun, fresh-air fitness regimen.

ENERGI was designed with leading fitness expert Michelle Simons, using the latest, cutting-edge fitness methodologies. Michelle is a Certified Strength & Conditioning Specialist (CSCS) from the National Strength & Conditioning Association (NSCA), fitness expert for over 15 years.



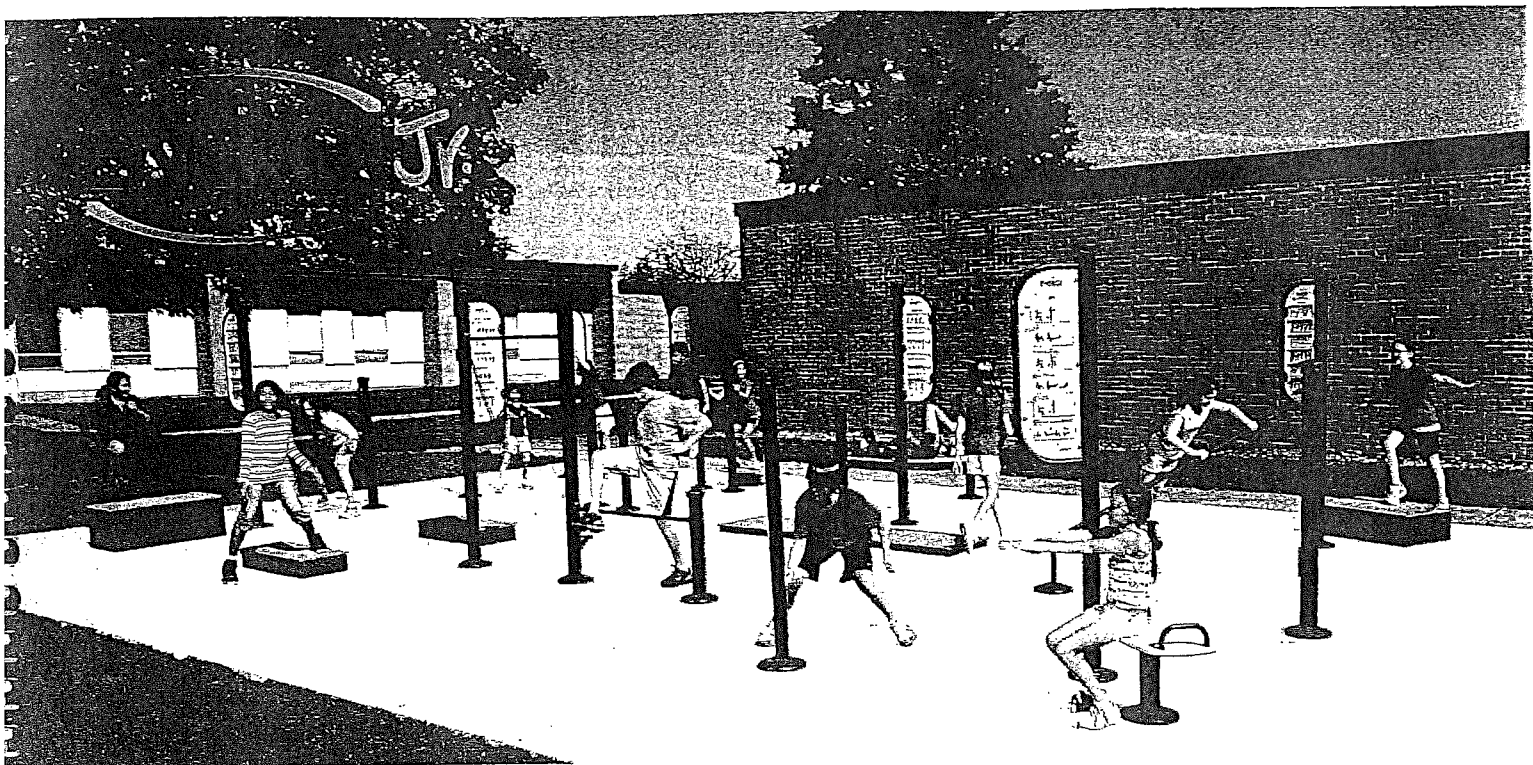
Five stations with a total of 120 exercises offer a 15-to-60-minute-per-day, 3-day-a-week fitness program. All five of ENERGI's stations were designed in accordance with the FITT Principle, as endorsed by The President's Challenge, American College of Sports Medicine and the American Council of Exercise.

**Frequency:** the complete system, all five ENERGI stations, offer a total of 120 exercises, enough for a healthy, 3-day-a-week workout regimen.

**Intensity:** Each ENERGI station features three different skill levels, which allow users to enter at their own level but challenges them to continuously push themselves.

**Time:** Easy-to-understand instructions on a weather-proof, fiberglass-panel (the same as our custom signs and LifeTrail instructional panels) and go-at-your-own-pace exercises make it easy for users to build a 15-to-60-minute workout into their day.

**Type** Together, all five ENERGI stations promote the four key types of fitness: cardiovascular fitness, muscular fitness, flexibility, and body composition (total body mass).



Train to be the best you can be. That's the principle behind ENERGI, the total body outdoor fitness system designed to make personal fitness a priority in your school and community.

ENERGI combines functional fitness and body-weight training to deliver a synergistic workout that connects all five of the body's major anatomical systems and exercises nearly all of its 206 bones and 600 muscles.

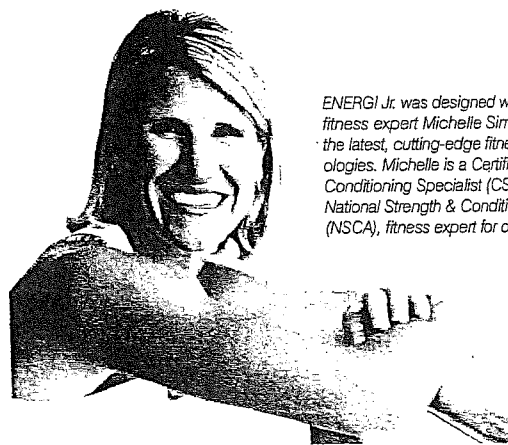
Rather than isolating the muscles to work them independently, ENERGI uses multi-joint, multi-plane muscle movements, an integrated approach that better prepares the body for the demands of real life.

- **TOTAL BODY STRENGTH:** Users apply their own body weight as resistance to build total body strength, flexibility, and balance.
- **FUNCTIONAL FITNESS:** All exercises emulate natural movement patterns - like squatting, bending, and pulling - for greater ease with real-life tasks, sports, and recreation.
- **MIND-BODY CONNECTION:** Repetition of movement builds a mind-body connection that makes users quicker and more responsive in daily life.
- **FREE PROGRAMMING:** Includes lesson plans for middle or high schools, and advanced athletic and boot camp programs.
- **FREE TAG TECHNOLOGY:** Easy-to-understand signs instruct users on proper form, and with the addition of Microsoft Tags, it's like having your own free mobile personal trainer by your side.
- **LOW MAINTENANCE:** No special surfacing is required and no mechanical systems to maintain. ENERGI is a long term, low-cost solution, perfect for public or private spaces.

Studies show that fitness improves academic scores in adolescences. In his book, Dr. John Ratey explains how students in Naperville, IL scored first in the world in math and science by focusing on fitness in their school's curriculum\*. Contact us today, to find out how to incorporate fitness into your school's curriculum with ENERGI.

ENERGI Jr. is ergonomically designed for pre-teens and teenagers, ages 9-14. It was specifically created for middle school PE classes, with free programming to hold up to 28 kids.

- 7 stations with easy-to-understand instructional signs that feature Microsoft Tag technology - it's like having your own free, mobile personal trainer!
- Exercises naturally progress from beginner (exercise 1) to advanced (exercise 6).
- 84 exercises provide enough activity for a workout regimen of up to 45 minutes a day, multiple days per week.
- Allow users to work out at their comfort level and progress as their fitness improves.



*ENERGI Jr. was designed with leading fitness expert Michelle Simons, using the latest, cutting-edge fitness methodologies. Michelle is a Certified Strength & Conditioning Specialist (CSCS) from the National Strength & Conditioning Association (NSCA), fitness expert for over 17 years.*

